Please use this brochure to explore the splendors of Madison, NH. We hope to encourage all to lead a more active and healthier lifestyle.

There are many more trails in Madison, NH that are not listed in this brochure and we invite you to hike them all. This project is not complete and will grow to include more detailed descriptions of these trails as well as additional ones. On the website, www.madison.lib.nh.us, you can print updated listings, descriptions and maps to take with you as you explore.

### The Trails

<table>
<thead>
<tr>
<th>KEY:</th>
<th>Trail Name</th>
<th>Distance and Difficulty</th>
<th>Parking</th>
<th>Brief Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Ward Parcel</td>
<td>¾ mile Easy</td>
<td>Park at Burke Field. Trail is a level loop through the woods past a mossy stream.</td>
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<tr>
<td>2.</td>
<td>Madison Cascades</td>
<td>1 mile Moderate</td>
<td>Limited parking on road at Historical Society. Various wooded terrain gains elevation to a cascading brook.</td>
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<tr>
<td>3.</td>
<td>Railroad Tracks</td>
<td>Varies in distances Easy</td>
<td>Access at many places along tracks which travel North/South throughout the town from West Ossipee to Conway.</td>
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<tr>
<td>4.</td>
<td>Madison Boulder</td>
<td>½ mile Easy</td>
<td>Follow signs at the end of Boulder Rd. to a spectacular erratic granite boulder.</td>
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<tr>
<td>5.</td>
<td>Pine Barrens</td>
<td>Varies in distances Easy</td>
<td>Limited parking on Rt. 41. Trails diverge, but easy to follow for a level walk through the pitch pine barrens.</td>
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<tr>
<td>6.</td>
<td>Kyle's Trail (Hathaway’s)</td>
<td>Varies in distances Easy to Moderate</td>
<td>Park off Colby Hill Rd or behind Hypnosis Center. Gains elevation to ridge with views to south and west.</td>
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<tr>
<td>7.</td>
<td>Hurricane Point</td>
<td>¼ mile Easy</td>
<td>Limited parking on East Shore Dr. Walk on path to site where E.E. Cummings sought poetic inspiration.</td>
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<tr>
<td>8.</td>
<td>West Branch Trail</td>
<td>2 mile Easy</td>
<td>Park at Boat Ramp. Start across the street, pass through woods and along river all the way to Calumet or Head east along power lines to Lead Mine Rd.</td>
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<tr>
<td>9.</td>
<td>Big Island</td>
<td>½ mile canoe from Kennett Park Easy</td>
<td>Canoe from various spots on the lake to the west side of the big island at the north end of Silver Lake. Avoid Loon nesting area on the north side.</td>
<td></td>
</tr>
<tr>
<td>11.</td>
<td>Goodwin Marsh Loop</td>
<td>1 mile Easy</td>
<td>Parking is available along Lead Mine Rd. except in winter. The trail is marked on the east side of the marsh and continues clockwise around and includes marsh plants, animals and one bridge crossing.</td>
<td></td>
</tr>
</tbody>
</table>

### Hiking Safety

You are responsible for yourself, so be prepared:

- **With knowledge and gear.** Become self reliant by learning about the terrain, conditions, local weather and your equipment before you start.
- **To leave your plans.** Tell someone where you are going, the trails you are hiking, when you’ll return and your emergency plans.
- **To stay together.** When you start as a group, hike as a group, end as a group. Pace your hike to the slowest person.
- **To turn back.** Weather changes quickly in the mountains. Fatigue and unexpected conditions can also affect your hike. Know your limitations and when to postpone your hike. The mountains will be there another day.
- **For emergencies.** Even if you are headed out for just an hour, an injury, severe weather or a wrong turn could become life threatening. Don’t assume you will be rescued; know how to rescue yourself.
- **To share the hiker code with others.**

### The Ten Essentials:

1. **Map**
2. **Compass**
3. **Warm Clothing:**
   - Sweater or Pile Jacket
   - Long Pants (wool or synthetic)
   - Hat (wool)
4. **Extra Food and Water**
5. **Flashlight or Headlamp**
6. **Matches/Firestarters**
7. **First Aid Kit/Repair Kit**
8. **Whistle**
9. **Rain/Wind Jacket and Pants**
10. **Pocket Knife**

Visit the following sites for more information:
- www.madison.lib.nh.us
- www.hikesafe.com
- www.wildlife.state.nh.us/Outdoor_Recreation/hiking_safety
- www.wildnewengland.org

Prepared for you by the Madison Elementary School Wellness Committee in Cooperation with the HNH Foundation 2008